



VETRESOURCES

#VetResources is a weekly newsletter for Veterans, their families, caregivers, and survivors. [Connect with Secretary Collins on X](#)



VA RESOURCES



UPCOMING VA EVENTS



JOBS FOR VETERANS

VA BEGINS MDMA-ASSISTED THERAPY TRIAL

“We need an all-of-the-above strategy when it comes to improving mental health treatments, and under President Trump, that’s exactly what VA is working to deliver,” said **VA Secretary Collins**. “This trial represents an important step in safely evaluating new approaches and innovations to treat Veterans with severe mental health conditions.”

[Learn more](#)

SUPPORTING VETERAN CAREGIVERS

Caregivers never take a day off. **VA Secretary Collins** recently thanked caregivers and renewed VA's support for those caring for Veterans at the Elizabeth Dole Foundation National Convening. [Learn more about VA's Caregiver Support Program.](#)

Watch



CONNECTING VETERANS WITH SPIRITUAL CARE

VA chaplain services provide supportive, confidential care for all Veterans—regardless of religious belief—and can be especially valuable to those experiencing or at risk of homelessness. Learn how this spiritual care can help Veterans find strength, connection, and purpose.

Learn more



VA RESOURCES

- For any questions or requests, [1-800-MyVA411](tel:1-800-MyVA411) ([1-800-698-2411](tel:1-800-698-2411)) is always the right number.
- [Veterans Crisis Line: 988](#) and press 1, [Chat](#), or Text [838255](tel:838255)
- [Vet Centers: 1-877-927-8387](tel:1-877-927-8387)
- [Homeless Veteran Resources: 1-877-424-3838](#) or [Chat](#)
- [Ask VA](#)
- [Schedule a 1-on-1 Appointment with a VA Benefits Expert](#)
- [Find a VA facility near you](#)

For non-urgent questions, you can reach VA using the [VA Health & Benefits App](#) or [MyHealtheVet](#) secure messaging to



schedule an appointment, refill prescriptions, and access your medical records.

VA MENTAL HEALTH CARE OPTIONS

When it comes to mental health care, there's no one-size-fits-all approach. Among VA's evidence-based therapies, medication management, talk therapy, group sessions, and residential treatment, you can find the treatment combination that's tailored to your needs and lifestyle. Check out VA's video series to learn more.



[Watch](#)

VIRTUAL BATTLE BUDDY

VETLIFE's Battle Buddy is a free app that helps Veterans and their families discover and access the benefits they've earned. From healthcare and housing to employment and education, Battle Buddy offers clear, straightforward guidance to simplify the benefits process.



[Learn more](#)

EXCLUSIVE DISCOUNTS FOR VETERANS

USAA and Call of Duty Endowment partnered up to offer free gaming Legacy Tracer Packs for gaming Veterans. Quantities are limited.

[Secure your Legacy Tracer Pack today](#)

Find other Veteran discounts



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CARE



DISABILITY



EDUCATION AND
TRAINING



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PENSION



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ASSISTANCE



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If you are having thoughts of suicide, **call 988, then PRESS 1** or visit <http://www.veteranscrisisline.net/>.

Please remember the only secure way to ask personal questions is at VA.gov/contact-us/.



Choose **VA**